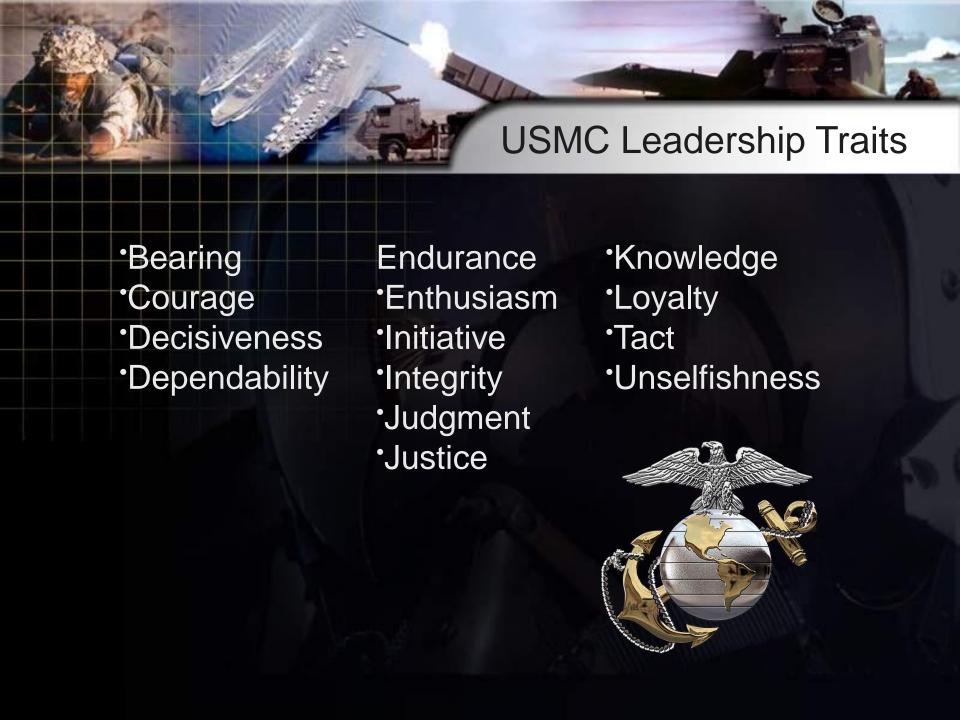




Michael R. Melia, MD, MPH, CPE, FACEP Chief & Lead, Emergency Medicine Northern Light, Eastern Maine Medical Center March 11, 2022





- 1. Know yourself and seek self-improvement
- 2.Be technically and tactically proficient
- 3. Know your Marines and look out for their welfare
- 4. Keep your Marines informed
- 5. Set the example
- 6.Ensure the task is understood, supervised, and accomplished
- 7. Train your Marines as a team
- 8. Make sound and timely decisions
- 9. Develop a sense of responsibility among your subordinates
- 10.Employ your command in accordance with its capabilities
- 11. Seek responsibility and take responsibility for your actions



- 1) Do you have a leadership Philosophy? What is it?
- 2) Where have you found success as a leader?
- 3) What are you doing to develop your leadership abilities and mentor your staff?
- 4)How has Covid-19 changed they way you think about resiliency?





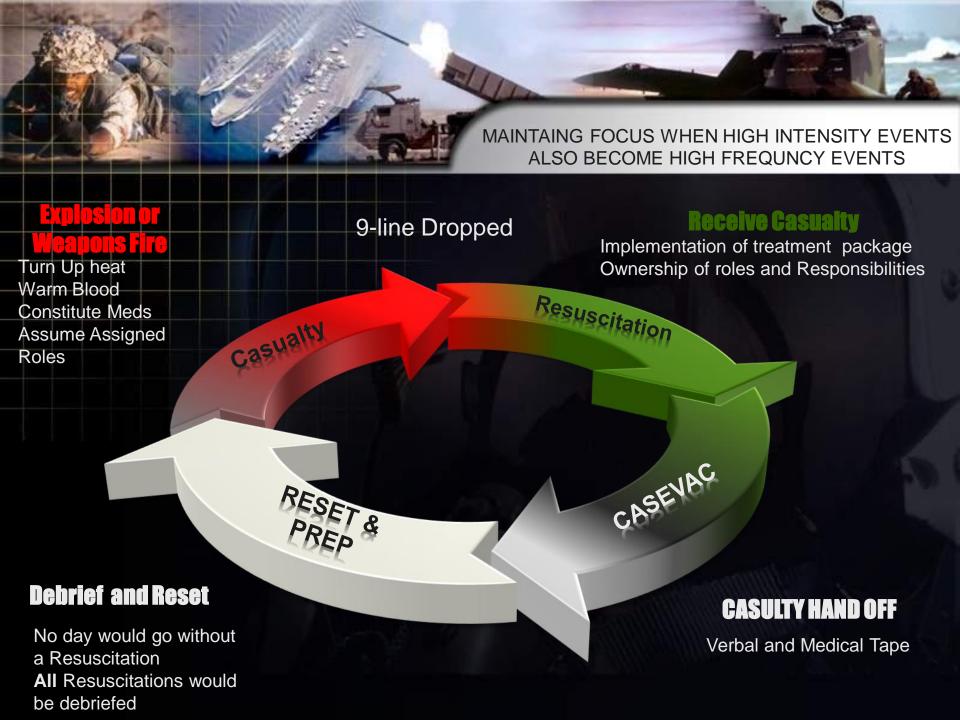
- Role 1 (Enhanced)
  - (1) EM Physician
  - (1) PA (FP Physician)
  - (1) Nurse
  - (5) Hospital Corpsman -8404
  - (2) Marines
  - Initial Stabilization and Resuscitation. No COC or holding.

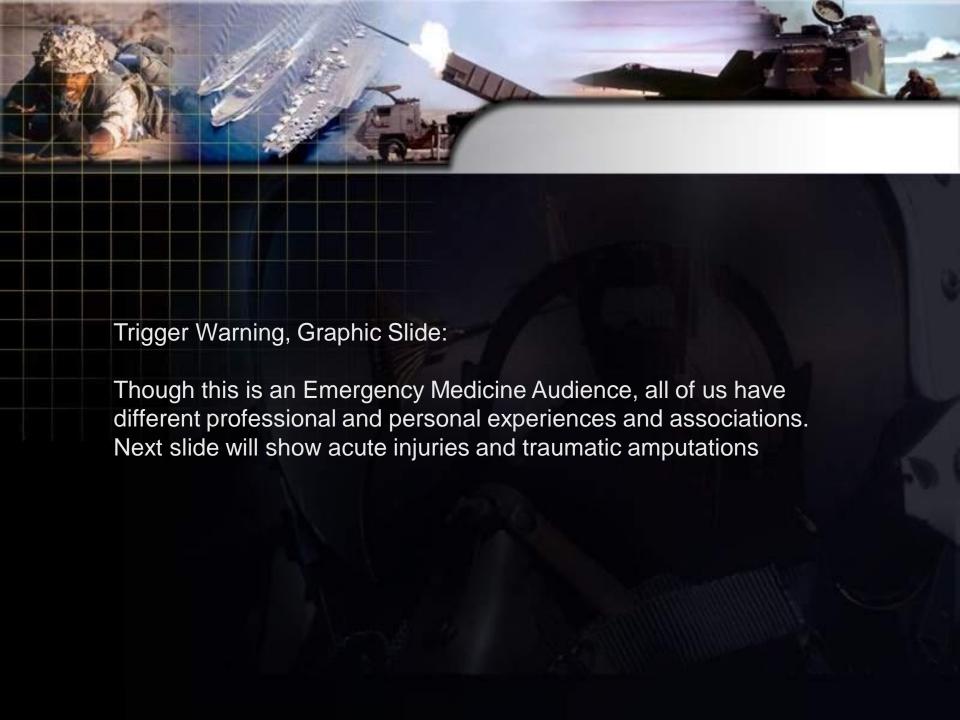


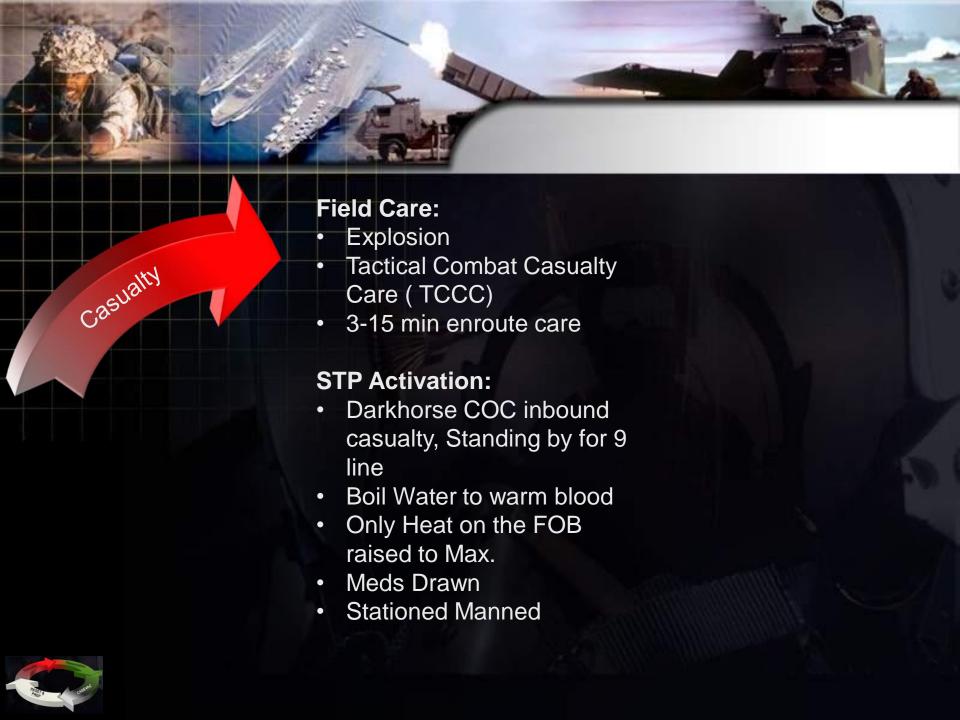
- 9 line Medevac request to aircraft arrival was 13-15mins
- Hot LZ, Aircraft will not land until ready to receive casualty
- Young inexperienced team
- Resupply (Theater priority air for blood and return of flight nurse)



- IED Explosion
- 3 min ETA to FOB
- Darkhorse COC Standing by for 9 line
- Pedro 13 Mins Out
- How do you complete a full resuscitation of a hypothermic, hypovolemic, triple amputee in under 15 mins
- First causality received immediately upon team arrival







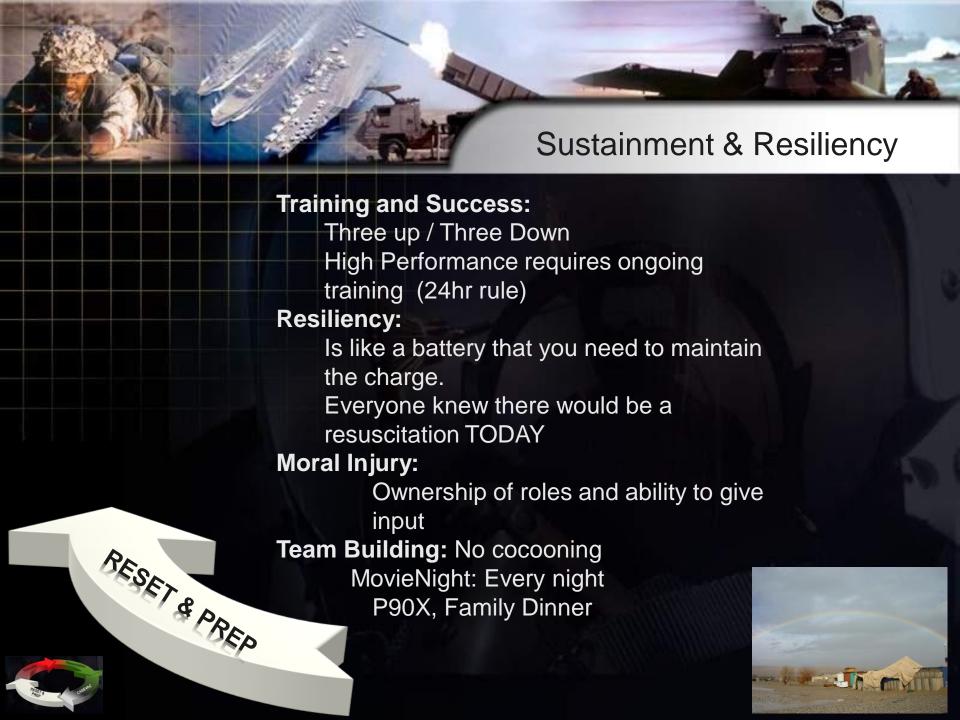


## Interventions Standardized

- Primary survey (TQT, Chest Seal, Finger Thoracostomy
- Right humeral head IO If available
- Pre-drawn Medication
  - Ketamine 200mg for sedation and analgesia
  - RSI with 140 mg succinylcholine
- Secondary Survey
  - Vital signs
  - Role over, Pelvic Binder, APLS/Bair Hugger/Chemical Blanket used for hypothermia prevention/reversal, Foley
  - RSI with 140mg) Airway secured following and 7-5 ETT
- 4u PRBC's
- Vecuronium (10mg) & versed (3mg)









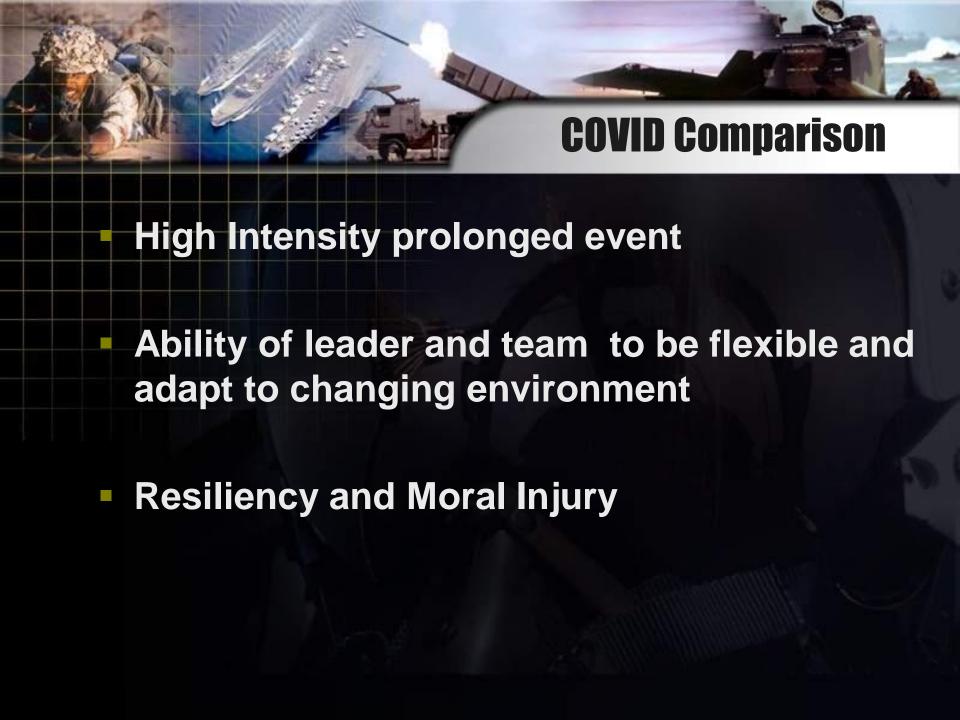
- Maintain awareness of life events outside of high intensity focus.
  - Loss
    - Death, Relationships, Material
  - Gains
    - Birth, Promotions, Awards
- External Stressor effect team dynamics.



## Round Up

- 96 Days in Sangin District
- 8 Mass Casualty incidents
- 84 Trauma resuscitations.
- 32 Endotracheal Intubations
- 1 Cricothyroidotomy
- 1 Pericardiocentesis
- 13 Tube Thoracostomies
- 15 Needle Thoracostomies

- 5 CVL placements
- 48 IO placements
- 4 Fracture Reductions
- 2 Procedural Sedations
- 98.8% Survival to a higher Echelon of Care
- Average Resus <15mins</li>





- 1) Do you have a leadership Philosophy? What is it?
- 2) Where have you found success as a leader?
- 3) What are you doing to develop your leadership abilities and mentor your staff?
- 4)How has Covid-19 changed they way you think about resiliency?



- 1. Know yourself and seek self-improvement
- 2. Be technically and tactically proficient
- 3. Know your team and look out for their welfare
- 4. Keep your team informed
- 5. Set the example
- 6.Ensure the task is understood, supervised, and accomplished
- 7.Train as a team
- 8. Make sound and timely decisions
- 9. Develop a sense of responsibility among your subordinates
- 10. Employ your team in accordance with its capabilities
- 11. Seek responsibility and take responsibility for your actions



